



## Free Sports Injury Screenings for High School Athletes

Every Saturday during the fall, UC San Diego Health offers free injury evaluations to high school student athletes.

- No appointment necessary
- Bring your high school ID
- Students under 18 must be accompanied by a parent or guardian

### We Provide Expert Care of Your Injuries

Our team is able to evaluate and treat injuries that commonly occur on the field, including sprains, strains and overuse injuries such as tennis elbow. In the event of a concussion, we can provide expedited referral to our Concussion Clinic for a complete evaluation.

Keep in mind that we may not be able to fully treat some injuries, and may recommend a comprehensive physician evaluation, X-rays or MRI. The athletic trainer at your school can provide a referral card with all necessary information.

If you believe your injury is serious, do not wait for a Saturday clinic. The emergency room is usually the safest and most immediate place to receive care.

[health.ucsd.edu/injuryscreen](http://health.ucsd.edu/injuryscreen)  
(073019)

### Clinic Information

**When:** Every Saturday, August 24 to November 9, 2019

**Time:** 9 to 10 a.m.

UC San Diego Health – La Jolla  
4520 Executive Drive, Suite Plaza 1  
San Diego, CA 92121

T: **844-DRSPORT** (377-7678)