



\$10 Pre-Participation Sports Exam for San Diego Unified Student Athletes

Screenings include all elements required to participate in sports for the 2022-23 school year.

Check-In Times

8 a.m.	Football (last names starting with A-M)
8:30 a.m.	Football (last names starting with N-Z)
9 a.m.	Badminton, baseball, basketball, cheerleading
9:45 a.m.	Cross country, field hockey, golf, lacrosse
10:15 a.m.	Soccer, softball
11 a.m.	Swimming and diving, tennis, track and field, volleyball
11:45 a.m.	Water polo, wrestling

What to Bring

- School identification card
- Completed San Diego Unified health history form - **must be signed by parent**
- Corrective eyewear if needed

Payment

The optional/voluntary screening is \$10 cash and only for California Interscholastic Federation (CIF)-sanctioned sports participants. For more information, please contact your high school athletic trainer or athletic director.

(042722)

Event Details

When: Saturday, June 11, 2022

Time: 8 a.m. – noon

San Diego High School
1405 Park Blvd.
San Diego, CA 92101

Come dressed in athletic clothing and park in the San Diego High School parking lot, located east of Balboa Stadium and west of Interstate 5. Volunteers will direct you to the check-in area.

Parents: *If you are unable to attend, sign and complete forms and send with your child.*